

WEDNESDAY GUIDED TOURS

Wednesday, 4th July 10.05 a.m. – “WONDERFUL VIEWS OF THE LAKE FROM MONTE ALTISSIMO”

Description: You go up using the path in the South side of Monte Altissimo, passing through woods and high meadows of Aviana Valley, admiring the fantastic views of Lake Garda up to the top of the mountain. You will discover sites and tools of the First World War and if you are lucky, you will meet chamois, marmots and even some birds of prey. Stop at Rifugio Altissimo and down to Rifugio Graziani.

Snack: at Rifugio Damiano Chiesa – local ham and cheese with rise with nettles of Monte Baldo.

Where: meeting point at the parking before Bocca di Navene, arriving from Rifugio Graziani.

Duration: 4 hours (stops included). Snack at 12.30 at Rifugio Altissimo. Bus at Rifugio Graziani at 2 p.m.

Ascent: 450 metres

Descent: 400 metres

Difficulty: not too much difficult. From 10 years up

How to wear and what to bring: trekking shoes, waterproof jacket, bag and water-bottle

| BUS TORBOLE - MONTE BALDO | |
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| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 9 am |
| NAGO, FERMATA T.T. DOPO LA ROTONDA | 9.05 am |
| MORI, FERMATA T.T. EX CANTINA MORI COLLI ZUGNA | 9.15 am |
| BRENTONICO, FERMATA T.T. VIA ROMA | 9.30 am |
| BOCCA DI NAVENE | 10.05 am |

| BUS MONTE BALDO - TORBOLE | |
|--|---------|
| RIF.GRAZIANI | 2 pm |
| BRENTONICO, FERMATA T.T. VIA ROMA | 2.30 pm |
| MORI, FERMATA T.T. DI FRONTE A SUPERMERCATO POLI | 2.45 pm |
| NAGO, FERMATA T.T. PRIMA DELLA ROTONDA | 2.55 pm |
| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 3 pm |

Wednesday, 11th July 10.00 a.m. - “THE GREEN LANDS FOREST”

Description: The trip begins going down in the fresh beech woods and wading the little rivers flowing across. After the pastures of Malga Pianeti and after having visited the places where the precious mineral of the green lands was extracted, you will discover the secrets of the Forest, its inhabitants and its history up to Malga Fos-ce.

Snack: at Rifugio Fos-ce with gnocchi, cabbage salad, ham, cheese, bread, water.

Where: meeting point at Rifugio Graziani.

Duration: 4 hours (stops included). Snack at 1.15 p.m. at Rifugio Fos-ce. Bus at Fos-ce at 2 p.m.

Ascent: 400 metres

Descent: 250 metres

Difficulty: not too much difficult. From 8 years up

How to wear and what to bring: trekking shoes, waterproof jacket, bag and water-bottle

| BUS TORBOLE - MONTE BALDO | |
|--|---------|
| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 9am |
| NAGO, FERMATA T.T. DOPO LA ROTONDA | 9.05am |
| MORI, FERMATA T.T. EX CANTINA MORI COLLI ZUGNA | 9.15am |
| BRENTONICO, FERMATA T.T. VIA ROMA | 9.30am |
| RIF.GRAZIANI | 10.00am |

| BUS MONTE BALDO - TORBOLE | |
|--|--------|
| RIF.FOS-CE | 2pm |
| BRENTONICO, FERMATA T.T. VIA ROMA | 2.30pm |
| MORI, FERMATA T.T. DI FRONTE A SUPERMERCATO POLI | 2.45pm |
| NAGO, FERMATA T.T. PRIMA DELLA ROTONDA | 2.55pm |
| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 3pm |

Wednesday, 18th July 10 a.m. - "THE HIDDEN PART OF MONTE BALDO"

Description: The first part of the trip is on a level ground path or partly going up and down in the East part of Monte Altissimo first on an easy path plunged in the pastures of high mountain, then on a path with wonderful views on Brentonico Plateau till Rifugio Campeï. Then down till Festa passing through fantastic beech woods.

Snack: at Rifugio Campeï with vegetable soup, bread and water.

Where: meeting point at Rifugio Graziani.

Duration: 4 hours (stops included). Snack at 12 o'clock at Rifugio Campeï. Bus in Festa at 2.25 p.m.

Ascent: 150 metres

Descent: 400 metres

Difficoltà: not too much difficult. From 10 years up

How to wear and what to bring: trekking shoes, waterproof jacket, bag and water-bottle

| TORBOLE - MONTE BALDO | |
|--|---------|
| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 9.00am |
| NAGO, FERMATA T.T. DOPO LA ROTONDA | 9.05am |
| MORI, FERMATA T.T. EX CANTINA MORI COLLI ZUGNA | 9.15am |
| BRENTONICO, FERMATA T.T. VIA ROMA | 9.30am |
| RIF.GRAZIANI | 10.00am |

| MONTE BALDO - TORBOLE | |
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| FESTA | 2.25pm |
| BRENTONICO, FERMATA T.T. VIA ROMA | 2.30pm |
| MORI, FERMATA T.T. DI FRONTE A SUPERMERCATO POLI | 2.45pm |
| NAGO , FERMATA T.T. PRIMA DELLA ROTONDA | 2.55pm |
| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 3pm |

Wednesday, 25th July 10.05 a.m. - “WONDERFUL VIEWS OF THE LAKE FROM MONTE ALTISSIMO”

Description: You go up using the path in the South side of Monte Altissimo, passing through woods and high meadows of Aviana Valley, admiring the fantastic views of Lake Garda up to the top of the mountain. You will discover sites and tools of the First World War and if you are lucky, you will meet chamois, marmots and even some birds of prey. Stop at Rifugio Altissimo and down to Rifugio Graziani.

Snack: at Rifugio Damiano Chiesa – local ham and cheese with rise with nettles of Monte Baldo.

Where: meeting point at the parking before Bocca di Navene, arriving from Rifugio Graziani.

Duration: 4 hours (stops included). Snack at 12.30 at Rifugio Altissimo. Bus at Rifugio Graziani at 2 p.m.

Ascent: 450 metres

Descent: 400 metres

Difficulty: not too much difficult. From 10 years up

How to wear and what to bring: trekking shoes, waterproof jacket, bag and water-bottle

| BUS TORBOLE - MONTE BALDO | |
|--|----------|
| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 9 am |
| NAGO, FERMATA T.T. DOPO LA ROTONDA | 9.05 am |
| MORI, FERMATA T.T. EX CANTINA MORI COLLI ZUGNA | 9.15 am |
| BRENTONICO, FERMATA T.T. VIA ROMA | 9.30 am |
| BOCCA DI NAVENE | 10.05 am |

| BUS MONTE BALDO - TORBOLE | |
|--|---------|
| RIF.GRAZIANI | 2 pm |
| BRENTONICO, FERMATA T.T. VIA ROMA | 2.30 pm |
| MORI, FERMATA T.T. DI FRONTE A SUPERMERCATO POLI | 2.45 pm |
| NAGO , FERMATA T.T. PRIMA DELLA ROTONDA | 2.55 pm |
| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 3 pm |

Wednesday, 1st August 9.40 a.m. - “DISCOVERING NATURE OF BRENTONICO PLATEAU”

Description: Trip on a level ground path in the meadows between San Giacomo and Malga Mortigola, discovering rocks, trees and animals. Ease descent in the wood till the meadows of Festa and then till Brentonico.

Snack: at Bar Pasticceria Dal Ghingo with ice-cream two flavours.

Where: meeting point Hotel San Giacomo

Duration: 4 hours (stops included). Snack at 2 p.m at Gelateria Ghingo. Bus in Brentonico at 2.30 p.m.

Ascent: 50 metres

Descent: 400 metres

Difficulty: easy, also for 6-year-old children.

How to wear and what to bring: trekking shoes, waterproof jacket, bag and water-bottle

| TORBOLE - MONTE BALDO | |
|--|--------|
| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 9.00am |
| NAGO, FERMATA T.T. DOPO LA ROTONDA | 9.05am |
| MORI, FERMATA T.T. EX CANTINA MORI COLLI ZUGNA | 9.15am |
| BRENTONICO, FERMATA T.T. VIA ROMA | 9.30am |
| HOTEL SAN GIACOMO | 9.40am |

| MONTE BALDO - TORBOLE | |
|--|--------|
| BRENTONICO, FERMATA T.T. VIA ROMA | 2.30pm |
| MORI, FERMATA T.T. DI FRONTE A SUPERMERCATO POLI | 2.45pm |
| NAGO, FERMATA T.T. PRIMA DELLA ROTONDA | 2.55pm |
| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 3pm |

Wednesday, 8th August 10 a.m. – “THE PASTURES AND HUTS OF BRENTONICO PLATEAU” “

Description: easy trip from Rifugio Graziani to Malga Campo on a level ground path through the pastures of Malga Campo, with wonderful views on Brentonico Plateau, meeting marmots, caws and donkeys.

Snack: at Malga Mortigola with coffee, apple and cinnamon cake, soft cheese, ham, milk and apple juice.

Where: meeting point Rifugio Graziani.

Duration: 4 hours (stops included). Trip from Rifugio Graziani to malga Campo. Then down till Malga Mortigola with snack at 1.30 p.m. Bus at Malga Mortigola at 14.15 p.m.

Ascent: 10 metres

Descent: 500 metres

Difficulty: not too much difficult, without great ascents, with a more important descent. From 8 years up.

How to wear and what to bring: trekking shoes, waterproof jacket, bag and water-bottle

| TORBOLE - MONTE BALDO | |
|--|---------|
| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 9.00am |
| NAGO, FERMATA T.T. DOPO LA ROTONDA | 9.05am |
| MORI, FERMATA T.T. EX CANTINA MORI COLLI ZUGNA | 9.15am |
| BRENTONICO, FERMATA T.T. VIA ROMA | 9.30am |
| RIF.GRAZIANI | 10.00am |

| MONTE BALDO - TORBOLE | |
|--|--------|
| MALGA MORTIGOLA | 2.15pm |
| BRENTONICO, FERMATA T.T. VIA ROMA | 2.30pm |
| MORI, FERMATA T.T. DI FRONTE A SUPERMERCATO POLI | 2.45pm |
| NAGO, FERMATA T.T. PRIMA DELLA ROTONDA | 2.55pm |

Wednesday, 15th August 9.40 a.m. - “DISCOVERING NATURE OF BRENTONICO PLATEAU”

Description: Trip on a level ground path in the meadows between San Giacomo and Malga Mortigola, discovering rocks, trees and animals. Ease descent in the wood till the meadows of Festa and then till Brentonico.

Snack: at Bar Pasticceria Dal Ghingo with ice-cream two flavours.

Where: meeting point Hotel San Giacomo

Duration: 4 hours (stops included). Snack at 2 p.m at Gelateria Ghingo. Bus in Brentonico at 2 p.m.

Ascent: 50 metres

Descent: 400 metres

Difficulty: easy, also for 6-year-old children.

How to wear and what to bring: trekking shoes, waterproof jacket, bag and water-bottle

| TORBOLE - MONTE BALDO | |
|--|--------|
| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 9.00am |
| NAGO, FERMATA T.T. DOPO LA ROTONDA | 9.05am |
| MORI, FERMATA T.T. EX CANTINA MORI COLLI ZUGNA | 9.15am |
| BRENTONICO, FERMATA T.T. VIA ROMA | 9.30am |
| HOTEL SAN GIACOMO | 9.40am |

| MONTE BALDO - TORBOLE | |
|--|--------|
| BRENTONICO, FERMATA T.T. VIA ROMA | 2.30pm |
| MORI, FERMATA T.T. DI FRONTE A SUPERMERCATO POLI | 2.45pm |
| NAGO, FERMATA T.T. PRIMA DELLA ROTONDA | 2.55pm |
| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 3pm |

Wednesday, 22th August 10 a.m. - “THE GREEN LANDS FOREST”

Description: The trip begins going down in the fresh beech woods and wading the little rivers flowing across. After the pastures of Malga Pianeti and after having visited the places where the precious mineral of the green lands was extracted, you will discover the secrets of the Forest, its inhabitants and its history up to Malga Fos-ce.

Snack: at Rifugio Fos-ce with gnocchi, cabbage salad, ham, cheese, bread, water.

Where: meeting point at Rifugio Graziani.

Duration: 4 hours (stops included). Snack at 1.15 p.m. at Rifugio Fos-ce. Bus at Fos-ce at 2 p.m.

Ascent: 400 metres

Descent: 250 metres

Difficulty: not too much difficult. From 8 years up

How to wear and what to bring: trekking shoes, waterproof jacket, bag and water-bottle

| BUS TORBOLE - MONTE BALDO | |
|--|---------|
| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 9am |
| NAGO, FERMATA T.T. DOPO LA ROTONDA | 9.05am |
| MORI, FERMATA T.T. EX CANTINA MORI COLLI ZUGNA | 9.15am |
| BRENTONICO, FERMATA T.T. VIA ROMA | 9.30am |
| RIF.GRAZIANI | 10.00am |

| BUS MONTE BALDO - TORBOLE | |
|--|--------|
| RIF.FOS-CE | 2pm |
| BRENTONICO, FERMATA T.T. VIA ROMA | 2.30pm |
| MORI, FERMATA T.T. DI FRONTE A SUPERMERCATO POLI | 2.45pm |
| NAGO, FERMATA T.T. PRIMA DELLA ROTONDA | 2.55pm |
| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 3pm |

Wednesday, 29th August 10 a.m. - "THE PASTURES AND HUTS OF BRENTONICO PLATEAU"

Description: easy trip from Rifugio Graziani to Malga Campo on a level ground path through the pastures of Malga Campo, with wonderful views on Brentonico Plateau, meeting marmots, caws and donkeys.

Where: meeting point Rifugio Graziani.

Snack: at Malga Mortigola with coffee, apple and cinnamon cake, soft cheese, ham, milk and apple juice.

Duration: 4 hours (stops included). Trip from Rifugio Graziani to malga Campo. Then down till Malga Mortigola with snack at 1.30 p.m.. Bus at Malga Mortigola at 2.15 p.m.

Ascent: 10 metres

Descent: 500 metres

Difficulty: not too much difficult, without great ascents, with a more important descent. From 8 years up.

How to wear and what to bring: trekking shoes, waterproof jacket, bag and water-bottle

| TORBOLE - MONTE BALDO | |
|--|---------|
| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 9.00am |
| NAGO, FERMATA T.T. DOPO LA ROTONDA | 9.05am |
| MORI, FERMATA T.T. EX CANTINA MORI COLLI ZUGNA | 9.15am |
| BRENTONICO, FERMATA T.T. VIA ROMA | 9.30am |
| RIF.GRAZIANI | 10.00am |

| MONTE BALDO - TORBOLE | |
|--|--------|
| MALGA MORTIGOLA | 2.15pm |
| BRENTONICO, FERMATA T.T. VIA ROMA | 2.30pm |
| MORI, FERMATA T.T. DI FRONTE A SUPERMERCATO POLI | 2.45pm |
| NAGO, FERMATA T.T. PRIMA DELLA ROTONDA | 2.55pm |
| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 3pm |

Wednesday, 5th September 10 a.m. - "THE HIDDEN PART OF MONTE BALDO"

Description: The first part of the trip is on a level ground path or partly going up and down in the East part of Monte Altissimo first on an easy path plunged in the pastures of high mountain, then on a path with wonderful views on Brentonico Plateau till Rifugio Campeï. Then down till Festa passing through fantastic beech woods.

Snack: at Rifugio Campeï with vegetable soup, bread and water.

Where: meeting point at Rifugio Graziani.

Duration: 4 hours (stops included). Snack at 12 o'clock at Rifugio Campeï. Bus in Festa at 2.25 p.m.

Ascent: 150 metres

Descent: 400 metres

Diffic: not too much difficult. From 10 years up

How to wear and what to bring: trekking shoes, waterproof jacket, bag and water-bottle

| TORBOLE - MONTE BALDO | |
|--|---------|
| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 9.00am |
| NAGO, FERMATA T.T. DOPO LA ROTONDA | 9.05am |
| MORI, FERMATA T.T. EX CANTINA MORI COLLI ZUGNA | 9.15am |
| BRENTONICO, FERMATA T.T. VIA ROMA | 9.30am |
| RIF.GRAZIANI | 10.00am |

| MONTE BALDO - TORBOLE | |
|--|--------|
| FESTA | 2.25pm |
| BRENTONICO, FERMATA T.T. VIA ROMA | 2.30pm |
| MORI, FERMATA T.T. DI FRONTE A SUPERMERCATO POLI | 2.45pm |
| NAGO, FERMATA T.T. PRIMA DELLA ROTONDA | 2.55pm |
| TORBOLE, PIAZZALE DAVANTI A CLUB HOTEL LA VELA | 3pm |